

Young Adult Grief Support

An informal, safe and open group for young adults who are grieving the death of a significant person in their lives

Mourning Hope Grief Center offers the 4-week Young Adult Grief Support group to provide an opportunity for bereaved individuals to meet with others struggling with the wide range of emotions experienced following the death of a loved one.

WHEN: Every Tuesday in February, 2017 (Febr. 7, 14, 21 and 28)

TIME: 6:30 - 8:00 p.m.

WHERE: UNL Women's Center, 3rd floor of the Nebraska Union, Room 338

The tone and environment of this group is informal, safe, non-judgmental, open and accepting.

Pre-registration is required. Register online at www.mourninghope.org.

You can also register by contacting Mourning Hope at 402-488-8989 or hope@mourninghope.org

