



Library Books & Resources Available through  
Mourning Hope's Lending Library:

**Section: Adult Books**  
**Topic: Death and Dying**

Title	Author (Last Name)	Description
Deathing	Foos-Graber	An Intelligent Alternative for the Final Moments of Life. Deathing offers much comfort and reassurance, in its relief of the helplessness of those who are dying, and in its insistence on death as a joyful birth into a new life.
Final Gifts	Callanan	An illuminating book by hospice nurses. They document the symbolic communication of persons nearing death. In doing so they teach us all how to be more present, how to really hear and be loving witnesses.
Finding Your Way to say Goodbye: Comfort for the Dying and Those Who Care for Them	Smith	This book offers guidance, support, and encouragement for both those who are approaching death as well as their families, friends, counselors, medical and hospice practitioners, and chaplains. Consisting of short "chapters," each including a spiritual reflection, Smith moves the reader or caregiver from "admitting that you know" to "finishing the race." Along the way comfort and guidance are offered on issues such as: Releasing Control, Dealing with Privacy, Crying, Partnering with Physicians, Embracing God, Expressing Anger, Forgiving, Reviewing Your Life, Making a Valid Will, Making Visitors Comfortable, Telling Your Stories, and Composing Your Goodbyes.
Gone From My Sight	Karnes	Here is basic, comforting, reassuring information to help understand what is happening when a loved one is dying.

		Changes in breathing, sleep, diet and communication are explained by month, week and day as death approaches.
Handbook for Mortals	Lynn	We recommend this book to anyone receiving the diagnosis of a serious illness. Interspersed with answers to tough questions and the information you need are terrific helpful and wise quotations.
How to Cope With a Fatal Illness	Ellis/Abrams	Without minimizing the sadness and grief that attend fatal illness, Ellis and Abrams show how the dying person can stave off depression and seize what opportunities for enjoyment are still available.
How to Help Children Through a Parent's Serious Illness	McCue	This practical handbook prepares parents to address children's fears--such as those relating to being the cause of a disease, to contagiousness, to the loss of a parent's daily support, and to death--with absolute honesty and profound empathy. It advises on communicating to different ages, news ranging from diagnosis to the possible outcomes of recovery, chronic illness, and death, and it considers the reactions of children of different ages, the warning signs of trouble, how and where to find help, and preparing children for a hospital visit as well as, if necessary, for life without the ill parent.
On Death and Dying	Kubler-Ross	In <i>On Death and Dying</i> , Dr. Kübler-Ross first introduced and explored the now-famous idea of the five stages of dealing with death: denial and isolation, anger, bargaining, depression, and acceptance. With sample interviews and conversations, she gives the reader a better understanding of how imminent death affects the patient, the professionals who serve the patient, and the patient's family, bringing hope, solace, and peace of mind to all involved.
Preparing the Children	Nussbaum	Information children need to know during the illness and ruing the death, what children need to heal from their loss, how children can express themselves, learn about integrating death into their lives and search for new meaning.
Questions and Answers on Death and Dying	Kubler-Ross	This companion volume to <i>On Death and Dying</i> consists of the questions that are most frequently asked of Dr. Kübler-Ross and her compassionate answers. She discusses accepting the end of life, suicide, terminal illness, euthanasia, how to tell a patient he or she is critically ill, and how to deal with all the special difficulties surrounding death.

Raising an Emotionally Healthy Child	Rauch	This book covers how you can address children's concerns when a parent is seriously ill, how to determine how children with different temperaments are really feeling and how to draw them out, ways to ensure the child's financial and emotional security and reassure the child that he or she will be taken care of.
She Came to Live Out Loud	MacPherson	An award-winning journalist, inspired by her own losses, closely observed one woman's two-year struggle with breast cancer; illustrates how Anna's friends, family, and caregivers have dealt with her illness and death; and offers inspiration to readers dealing with their own grief.
What About Me?	Peterkin	When Brothers and Sisters Get Sick. Laura experiences conflicting emotions when her brother becomes seriously ill. Includes suggestions for parents to help their well children cope with a chronically ill sibling.
When You Know You're Dying	Miller	Twelve basic guidelines are presented here to support those who have learned they are dying. From the wisdom and experience of clergy, counselors, and families, these honest, affirming thoughts help immensely in understanding the needs of the whole person.