



## International Survivors *of* Suicide Loss Day



# Reaching Out Can Change Your Life

**Saturday,  
November 18, 2017**

**9 a.m. – 12p.m.**

**Mourning Hope Grief Center  
4919 Baldwin Ave  
Lincoln, NE 68502**

**Space is limited, register online:  
[https://afsp.org/survivor\\_day/lincoln-nebraska/](https://afsp.org/survivor_day/lincoln-nebraska/)**

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**Mourning HOPE**  
grief center

**You are not alone.** Join a community of suicide loss survivors to find comfort and gain understanding as we share stories of healing and hope.

### Program

- 9 a.m. Welcoming with food and refreshments
- 9:30 a.m. Screening of *The Journey*
- 10:30a.m. Share time
- 11:15 a.m. Artwork Remembrance

### Survivor Day Film

The event features a screening of *The Journey: A Story of Healing and Hope*, an AFSP-produced documentary that traces the grief and healing journey that follows a suicide loss through the eyes of a diverse group of loss survivors. The film shows how those left behind navigate the aftermath of their loved one's suicide to find meaning and even joy, and takes an intimate look at how their healing journey evolves over time.



AMERICAN FOUNDATION FOR  
Suicide Prevention

[afsp.org/SurvivorDay](https://afsp.org/SurvivorDay)