

Library Books & Resources Available through Mourning Hope's Lending Library:

**Section: Youth Books**

**Topic: General Grief**

Title	Author (Last Name)	Description
"I Wish I Could Hold Your Hand..."	Palmer	This heartwarming illustrated book sensitively names and validates a variety of grievous losses that may happen to a young child. It can be used to gently help children label and express their feelings.
A Forever Angel	Stillwell	A Forever Angel is filled with instructions for grieving children on making angels in honor of their loved one. Healing activities include: Baking a Batch of Angel Cookies, Creating Angel Decorations for Major Holidays, Painting Wooden Angels, Making Angel Lanterns, Pillows, Snacks, and Candles.
A Terrible Thing Happened	Holmes	This gently told story is for children who have witnessed any kind of violent or traumatic episode, including abuse, violence, accidents, homicide, suicide and natural disasters. An afterword for caregivers offers helpful suggestions and resources.
Aarvy Aardvark Finds Hope	O'Toole	Our classic story about love and loss, friendship and hope. Aarvy has lost his family and despairs until a friend's faith and comfort help him to find the strength to heal. For all ages, beautifully illustrated.
After the Storm	Balcetis	A Healing Book and Workbook for Children and Adults Whose Lives Have Been Affected by Severe Weather. This is your book. You can draw in it, you can write in it, you can tear pages out and put them on the refrigerator if you want. You can keep it by your bed. You can carry it in your backpack. Your book is like a good friend. You can talk to it. It will be there for you. It will listen to you whenever you want it to.
And God Cried, Too	Gellman	Angel Gabe and young angel-in-training Mikey, raise tough questions and seek compassionate, loving answers. In 15 chapters, they wrestle with issues of why September 11 happened, why a pet died, why God works miracles, etc. The stories and conclusions represent a Judeo-Christian view of the world where

		God is compassionate and loving, and where neighborliness and kindness to others are of utmost importance.
Bridge to Terabithia	Paterson	After a rather frustrating introduction, Jess and Leslie soon become inseparable. Together, they create an imaginary, secret kingdom in the woods called Terabithia that can be reached only by swinging across a creek bed on a rope. But one morning a tragic accident befalls Leslie as she ventures alone to Terabithia, and Jess's life is changed forever.
Bye-Bye Blankie	Worth	When Baby Kermit goes to the beach and accidentally leaves his favorite blanket at home, he realizes that he can have a good time without it, in a board book starring a Muppet Baby.
Catching Rainbows	Hemery	This book has three different stories to support children during life crises. This book would be good for any teacher, parent, or care giver to help children through rough times. The illustrations in this book reflect each story with brilliant colors.
Don't Despair on Thursdays!	Moser	One of the best books we have ever seen to explain grief to children! Children are sure to be comforted by the friendly illustrations and the kindly way the author speaks to them. Losses of all kinds are named and validated.
Gentle Willow	Mills	Written for children who may not survive their illness or for the children who know them, this tender and touching story helps address feelings of disbelief, anger, and sadness. Amanda and Little Tree discover their friend, Gentle Willow, isn't feeling well. Includes note to parents.
Help Me Say Goodbye	Silverman	This well thought out workbook walks children through a visit with a terminally ill loved one. It helps them understand their feelings, think about what to say and do and create memories.
I Cried Too	Schmidt	<i>I Cried Too</i> was created in April of 2000 as a grief recovery project for children. It was chosen by the Pentagon as their only bereavement gift for the children who lost a mom or dad on 9-11. It brings hope & healing to anyone who has experienced a tragedy. The project, based on a true story from Sheila, Blake & Fiona's own life.
I Know I Made It Happen	Blackburn	A gentle book about feelings that validates and comforts young children who are fearful that their thoughts, words or actions made someone get hurt, or sick, or made them die.
I Miss You	Thomas	This lovely book gently but clearly helps young children with their feelings and questions about death. Charming illustrations and interactive questions keep a young child's attention and encourage discussion. Helpful suggestions for use are included.

Jeremy Goes to Camp Good Grief	DiSunno	The book is written for children attending Camp Good Grief, for all children who have experienced the death of someone they love, and for all who seek to help. Its preface for parents and caregivers expresses the authors' intention that "As this story of Jeremy is written, it will give to parents, grandparents, teachers, therapists, and caregivers new insight and a deeper appreciation of a grieving child's thoughts and feelings."
Knots On a Counting Rope	Martin	Boy-Strength-of-Blue-Horses begs his grandfather to tell him again the story of the night he was born. In a question-and-answer litany, the boy and his grandfather share the telling of the events on that special night the wild storm; the frantic ride for the grandmother/midwife; the birth of the frail, sickly boy; and the blessings of the blue horses
Los Recuerdos Viven Eternamente	Rugg	This workbook helps to open up communication about death and loss in Spanish-speaking families and provides them with an opportunity to do grief work together. It is very popular in elementary and middle schools, grief and counseling centers, hospices, bereavement camps, and homes. This engaging book teaches young children and adolescents about death and their feelings of grief while serving as a place for them to save special memories of the person who died.
Love You Forever	Munsch	This book is about unconditional love and growing older. In the end, the grown son holds his dying mother and sings the song to her. <i>I'll love you forever, I'll like you for always, As long as I'm living, my baby you'll be.</i>
My Many Colored Days	Dr. Seuss	Published after his death, this book is about colors and how they describe our moods. It's a beautiful, simple rhyme of what we can feel. The effort is pleasant but lightweight: "You'd be/ surprised/ how many ways/ I change/ on Different/ Colored/ Days," announces a child, portrayed as a flat, gingerbread-man shape of yellow, then blue, then purple.
Nightmares in the Mist	Farrington	Written with warmth and compassion, Nightmares in the Mist encourages children to express their fears and work through them. With the help of Mrs. Murgatroyd's magical paints, a little girl faces and overcomes her fears.
One April Morning	Lamb	Trauma, therapy, and healing are the intensely personal experiences that Lamb hopes to reach into with this book. She interviewed 50 Oklahoma City children, ages 3-15, to create a verbal collage of their thoughts and feelings following the April 1995 bombing, woven with her own sensitive narrative.
Sad Isn't Bad	Mundy	This friendly guide book gives children and those who care for them a comforting, realistic look at loss—loaded with positive, life-affirming helps for coping with loss as a child. It's a book that promotes healthy grief—and growth.

Saying Goodbye	Boulden	In this award winning book, children learn about the cycle of life in a sensitive and caring way. The story and activities engage children and allow them to learn at their own pace in a non-threatening way. Buddy, the main cartoon character, presents difficult concepts in a nurturing way.
Tear Soup	Schwiebert	Grandy has just suffered a big loss in her life. She is cooking up her own unique batch of "tear soup." She stirs in memories and meaning and discovers how to find just the right blend to bring comfort and healing. This metaphorical approach to teaching about grief and loss, along with lush, appealing illustrations, makes this story perfect for both children and adults, individuals and groups.
The Fall of Freddie the Leaf	Buscaglia	A metaphorical story that ever so gently and beautifully uses nature and the changing seasons of life to explain how death can be seen as a natural part of living.
The Healing Tree	Hemery	Grandma tells Samantha about her feelings after her mother died. She remembers when the storm came and struck the tree with lightening causing a scar on the tree. Grandma explains that even though the tree was struck by lightening, it was beginning to heal just like we begin to heal from our grief. Excellent for storytelling or tree planting ceremonies.
The Last Goodbye I	Boulden	This straightforward yet gentle book speaks directly to the middle school student about death, a subject they begin to encounter more and more often at this age. Extensive exercises are provided to process the feelings and issues that surround death including sadness, anger, fear, guilt, acceptance, responsibility, depression, funerals, burial or cremation, and what happens after death. This interactive book is used by thousands of hospitals, hospices, mortuaries and schools.
The Little Prince	Saint-Exupery	The narrator is a downed pilot in the Sahara Desert, frantically trying to repair his wrecked plane. His efforts are interrupted one day by the apparition of a little prince, who asks him to draw a sheep. The Little Prince describes his journey from planet to planet, each tiny world populated by a single adult.
The Next Place	Hanson	A classic that brings gentle verse revealing a safe and welcome destination free from earthly hurts and filled with wonder and peace. A comforting message of hope and a gift of compassion for the bereaved.
The Saddest Time	Simon	When someone dies, it is time for feeling sad. These sad times, just like the happy times, are a part of life for everyone. This book includes three stories, Death of an Uncle, Death of a Classmate and Death of a Grandmother.
The Weather Kids	Jordan	Sometimes Sad Things Just Happen: from families who have experienced the devastation caused by weather and earthquake. Three stories included "Blown

		Away: Tornado”, “Indian Feet: Earthquake”, and “The Sky Blue House: Flood”.
When Someone Very Special Dies	Heegaard	The best selling workbook helps young children grieve while offering them reliable sources of support. They are taught basic concepts of death and learn to express their feelings.
When Something Terrible Happens	Heegaard	Designed to help children cope with traumatic experiences, Heegaard gives information and healing opportunities in this art activity/workbook. Pages are given to draw out feelings.
Where Do Balloons Go?	Curtis	This far-fetched tale may well raise youngsters' spirits as verse and art muse fancifully on the possible fates of wayward balloons. Cornell casts the balloons in human roles as the young narrator, a boy who has accidentally let go of his balloon's string, wonders, "Where do they go when they float far away? Do they ever catch cold and need somewhere to stay?"