



# Holiday Hope

**December 9, 2017**

**9:00 a.m. - 1:00 p.m.**

Lincoln Children's Museum  
1420 P Street | Lincoln, NE



## "Holiday Hope" Youth Support

Mourning Hope, in partnership with the Lincoln Children's Museum, invites you to attend "Holiday Hope," a program intended to support grieving youth through the holidays.

From 9 a.m. - 12 p.m. on Saturday, December 9, 2017, there will be two holiday memory workshops offered to bereaved children and teens ages 6-12 and 13-18. A **catered lunch** for youth and caregivers will follow the workshop session from 12 - 1 p.m.

In order to **foster emotional healing and encourage individual creativity**, the "Holiday Hope" youth support program will partner skilled, local artists with youth who have experienced the death of someone significant in their lives.

Youth will **participate in several projects and activities**.

1. Incorporate expressions of their grief journey into artwork.
2. "Candy House Fun Shop" where youth will engage in holiday crafts and get to be kids!
3. Play at the Children's Museum!



## "Holiday Hope" Adult Support

"Holiday Hope" is also a peer-support group designed to help bereaved adults cope with the holiday season. During "Holiday Hope," adults of all ages are invited to participate in a peer support session from 9 a.m. - 12 p.m.

**This event is open to all adults. You do not need to have children to participate in this event.** This support session will also take place at the Lincoln Children's Museum in a private event room.

The programs are free, and lunch is included for youth and participating caregivers. However, you must pre-register for support sessions online at [www.mourninghope.org](http://www.mourninghope.org).

### Questions?

Call Mourning Hope at 402.488.8989



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Children's  
Museum



**Mourning HOPE**  
grief center  
[www.mourninghope.org](http://www.mourninghope.org)