



# Art From Our Heart

Youth ages 5-17 who have experienced the death of someone significant in their lives have an opportunity to express their thoughts and emotions through creative means.

Caregiver Connection is a support group offered at the same time for adults who want to learn how to support their grieving child, and may need grief support themselves.

All supplies, snacks and lunch are provided to participants at no charge, but pre-registration is required. *Please register soon as these events fill up fast!*

Register online at [mourninghope.org](http://mourninghope.org). Select "Services," "Family Grief Support Group."

**Saturday, June 30, 2018**  
9 a.m. - 1 p.m. | Lunch at noon

Half the morning will be spent with "Band of the Strong," a new nonprofit in Lincoln. Kids will decorate their own guitar, listen to music, and have a chance to play with an amp and an electric cigar box guitar.

The second half of the morning will be spent with artist, Mary Wilson. Kids will create a memorial project using watercolor paints.

**Saturday, July 21, 2018**  
9 a.m. - 1 p.m. | Lunch at noon

Kids will work with Kerri Denell of "Be Remembered," and artist, Alison Rash for half the morning on a collaborative project involving writing and artistic mediums.

Kids will spend the second half of the morning on a woodworking project—building memory boxes with skilled craftsmen, Duane Grosse and Mark Medvin.

