

## ABOUT THE PRESENTER



**Dr. Alan D. Wolfelt** is a noted author, educator and grief counselor. Recipient of the Association for Death Education and Counseling's Death Educator Award, he serves as the director of the Center for Loss and Life Transition in Fort Collins, Colo.

A frequent guest of the media, Dr. Wolfelt has appeared on the "Oprah

Winfrey Show," the "Larry King Show," the "NBC Today Show," and "Nick News." He also is the author of more than twenty books on grief and loss.

## WORKSHOP CREDIT

5.0 contact hours awarded by Southeast Community College. This workshop meets the criteria for continuing education for licensed mental health practitioners, funeral directors and nurses. Other professionals should check with their licensing agencies to verify that this workshop will qualify as continuing education in their field. **Participants must attend entire seminar to receive CEU credits.**

SCC Continuing Education Division is an approved provider of continuing nursing education by the Nebraska Nurses Association, an accredited approver by the American Nurses Credentialing Center Commission on Accreditation.

## DRESS

Dress in layers because of temperature fluctuations in the conference room.

## CANCELLATION/REFUNDS

You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the workshop begins in order to receive 100% refund. If you call the day the workshop begins or after, you will receive no refund. If you are unable to attend and wish someone else to come in your place, you must notify the College in advance.

## COURSE INFORMATION QUESTIONS

**Jeanette Walsh**  
Southeast Community College, Continuing Education  
402-437-2706 • 800-828-0072, ext. 2706  
jwalsh@southeast.edu

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LINCOLN, NE 68510-2449

**Continuing Education**

# Exploring the Special Features of Sudden Death & Suicide Grief:

## A "Companioning" Philosophy of Caregiving



**Wednesday  
February 29, 2012**

**9 a.m.-3 p.m.**

Co-provided by  
Southeast Community College  
and  
Mourning Hope Grief Center

Mourning HOPE  
grief center

**Southeast community college**

[www.southeast.edu/continuing](http://www.southeast.edu/continuing)

Complete this form with payment information and send via  
**SCC-Continuing Education Center**  
 301 S. 68th Street Place, Lincoln, NE 68510  
 FAX: 402-437-2703

Include credit card information or Letter of Authorization for third-party billing. The College requires a student's Social Security number as a condition for enrollment. A student's Social Security number information constitutes an "educational record" under the Family Educational Rights and Privacy Act (FERPA). The College will be privileged to disclose that information only with the consent of the student or in those very limited circumstances when consent is not required by FERPA.

2012 QUARTER  
 SUMMER  WINTER  
 FALL \_\_\_\_\_ SPRING \_\_\_\_\_

Social Security Number \_\_\_\_\_ First \_\_\_\_\_ Middle Initial \_\_\_\_\_ Email Address \_\_\_\_\_  
 Residence Mailing Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ County # \_\_\_\_\_  
 Birth Date \_\_\_\_\_ Gender:  Male  Female Ethnicity (select one):  White  Asian  Black or African American  Hispanic or Latino  Native Hawaiian or Other Pacific Islander  American Indian or Alaska Native  Non-Resident of Nebraska  Resident of Nebraska  
 Home Phone \_\_\_\_\_  
 Cell  Business Phone \_\_\_\_\_

**Exploring the Special Features of Sudden Death & Suicide Grief**  
 February 29, 2012 • \$109  
 Please check:  Nurses HLTH-3091-CEWA  LMHP's HLTH-3091-CEWB  Funeral Directors HLTH-3091-CEWC  Others HLTH-3091-CEWD

**SIGNATURE** \_\_\_\_\_

Cash  Mastercard  AMEX  Discover  VISA V Code \_\_\_\_\_  
 Name as it appears on card: \_\_\_\_\_  
 Exp. Date \_\_\_\_\_ Credit card # \_\_\_\_\_  
 Billing agency (INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)  
 For the protection of your personal credit card information, do not e-mail this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

SCC Staff Tuition Waiver ( )  
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Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the course and that I will be responsible for any withdrawal or drop-out charges; 2) that my registration is determined by the date I submit my request to Continuing Education; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information contained herein is for the use of SCC only and will not be shared with any other agency; 5) I understand that I must follow the college's policy on the Student Handbook and College Catalog; 6) it is the policy of SCC to provide equal opportunity and non-discrimination in all admission, attendance, and employment matters to all persons regardless of race, sex, age, religion, marital status, sexual orientation, disability, or other factors prohibited by law or College policy; 7) I understand that the application of SCC's policies on equal opportunity and non-discrimination is subject to the policies of the U.S. Department of Education, Office for Civil Rights, 301 S. 68th Street Place, Lincoln, NE 68510-402-323-3412, FAX: 402-323-3420, or jstoe@sest.edu.

JW

# Exploring the Special Features of Sudden Death & Suicide Grief:

## A "Companioning" Philosophy of Caregiving

### PURPOSE

This inspiring one-day workshop will help enhance your ability to support people impacted by the death of someone to suicide. Plan to join us to learn more about what Dr. Wolfelt has termed "touchstones" about suicide, grief and mourning. This compassionate workshop will help you understand the normal and necessary journey through suicide grief.

Suicide is death by just another name, but the implications and stigma that surround its mystery and aftermath are strong enough to touch every facet of our lives and of society. Join us as we explore a variety of important sub-topics that will help you enhance your capacity to mourn this traumatic loss.

This compassionate workshop will help anyone who wants to learn more about how to support suicide survivors. Regardless of your specific job title or life role, you can and will benefit from this learning experience. If you want to enhance your knowledge and skills in this area of caregiving, register now.

### WHO SHOULD ATTEND

This workshop is for professional caregivers, including, but not limited to, physicians, nurses, chaplains, social workers, counselors, educators, psychologists, clergy, hospice personnel, funeral directors, lay ministers, school counselors, and crisis teams.

### OBJECTIVES OF THE COURSE

At the conclusion of this presentation, participants should be able to:

- Identify the "language" of suicide
- Realize the presence of trauma grief
- Examine the misconceptions about suicide
- Recognize the uniqueness of suicide grief
- Explore the dimensions of suicide grief
- Realize the importance of caring for oneself as a survivor
- Explore support systems available
- Distinguish reconciliation from resolutions of suicide grief
- Recognize the transformative nature of suicide grief

### AGENDA

- 8:30 a.m. .... Check-in begins
- 9 a.m. .... Program begins
- Noon ..... Lunch provided
- 12:30 p.m. .... Program resumes
- 3 p.m. .... Adjourn

### DATE:

Wednesday, February 29, 2012

### LOCATION:

Southeast Community College  
 Continuing Education Center  
 301 South 68th Street Place  
 Lincoln, NE 68510 • Room 302

### TIME:

9 a.m.-3 p.m.

### COST:

\$109 (Lunch will be provided)

**Register early. Space is limited.**



# WebAdvisor On-Line Registration

**You must have an e-mail account to register online.**

## **To Register by Logging In:**

You must know your **UserID** and **Password** to proceed.

If you do not know your UserID or Password:

- Click on the "I'm new to Webadvisor" at the bottom of the page.
- Follow the 4 quick steps to get your UserID and Password

1. Click the "**Log In**" Tab at the top of the page.
2. Enter your **UserID** (This will be your first initial of your first and last names and your student ID number, e.g. John Doe would be JD123456)
3. Enter your **Password**
4. Click on the gold "**Continuing Education**" bar

**IMPORTANT!!!!** *If you have moved or changed your contact information, please click on "Address Change" under User Account to update your information. This is the only method that will provide current contact information if classes are cancelled! If your contact information is not current, we cannot notify you if the class is cancelled.*

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5. Click on "**Register and Pay for Continuing Education Classes**"
6. **Search for your class** by entering either a key word in the title or the course number, "Submit" (Enter information in only 1 field for a broader search.)
7. **Select the course** you wish to register for, then click "**Submit**".
8. Enter your **Additional Registration Information** and "**Submit**" or just "Submit"
9. To "Pay for Classes" choose "**Register now**" as your option and select your **Payment Type**, "Submit".
10. Enter your **payment information**, "**Submit**"

## **Benefits of Logging in to WebAdvisor to register:**

- You can add/drop classes.
- You can update your contact information.
- You can see your class schedule.
- No need to provide your SSN each time.

## **To Register Without Logging In:**

- \* You must provide your Social Security Number
1. Click on "**Continuing Education**" bar
  2. Click on "**Register and Pay for Continuing Education Classes**"
  3. **Search for your class** by entering either a key word in the title or the course number, "**Submit**" (Enter information in only 1 field for a broader search.)
  4. **Select the course** you wish to register for, "**Submit**".
  5. Enter your **personal information**, certify your identification, "**Submit**"
  6. Enter your **Additional Registration Information** and "**Submit**" or just "Submit"
  7. To "Pay for Classes" choose "**Register now**" as your option and select your **Payment Type**, "Submit".
  8. Enter your **payment information**, "**Submit**"

**IMPORTANT!!!** *If you register without logging in, you must contact our office at 402-437-2700 to update your contact information or we will not be able to notify you if a class is cancelled.*

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## **Log in to WebAdvisor:**

<https://webadvisor.southeast.edu/WebAdvisor/WebAdvisor?TOKENIDX=3694120878.asp&type=M&constituency=WBCE&pid=CORE-WBCE>

\*The College requires a student's Social Security number as a condition for enrollment. A student's Social Security number information constitutes an "educational record" under FERPA.