



Mourning Hope is a non-profit grief support network for children, teens, young adults and their families who are grieving the serious illness of a family member or the death of someone significant in their lives.

For more information or to register, call **488.8989**.

We are located in the University Place area at 4919 Baldwin Avenue, Lincoln, NE 68504.
www.mourninghope.org

- Support Groups
- Community Education
- Resources and Referrals



PROGRAM SCHEDULE 2008-2009

Hearts of Hope

When someone in the family has a serious illness.
2nd & 4th Thursdays
6:30 – 8:00 p.m.



Ongoing Grief Support

For families who have completed a 10-week grief session.
1st & 3rd Thursdays
6:30 – 8:00 p.m.

Holiday Hope

For families who want to support each other through the stressful holiday season.
Sunday, December 7, 2008
2:00 – 4:00 p.m.
R.S.V.P. by calling 488.8989.

Community Events

FREE Event – The Wilderness of Grief, Finding Your Way with Dr. Alan Wolfelt
Tuesday, January 13, 2009
7:00 p.m.

BryanLGH East Medical Plaza
To register, visit www.bryanlgh.org/go/calendar or call 481.8886.

Helping Children and Teens Cope With Grief with Dr. Alan Wolfelt

Wednesday, January 14, 2009
9:00 a.m. – 3:30 p.m.
Southeast Community College

For details and to register contact Jeanette Walsh; 437.2706, 800.828.0072 ext. 2706 or jwalsh@southeast.edu.

The cost of this event is \$99 per person. CEUs will be earned for attending this event.

Family Grief Series

Winter Series – Tuesday Evenings
6:30 – 8:00 p.m. January 27 – April 7
(No meeting March 24, LPS Spring Break)

Spring Series – Monday Evenings
6:30 – 8:00 p.m. March 9 – May 18
(No meeting March 23, LPS Spring Break)