

Library Books & Resources Available through
Mourning Hope's Lending Library:

Section: Adult Books
Topic: Suicide/Homicide

Title	Author (Last Name)	Description
After a Parent's Suicide: Helping Children Heal	Requarth	For both parents and counselors, this impassioned guide explains how to manage immediate and long-term effects of suicide, how to talk to your children, and how to help them find acceptance, healing, and a renewed capacity for joy in life.
After a Suicide: A Workbook for Grieving Kids	The Dougy Center	For thousands of kids each year effected by suicide here is an activity book that sings out hope. The Dougy Center has long assisted grieving children. Here they give us a tool so we can too.
After Suicide Loss: Coping With Your Grief	Baugher	A complete resource that covers the first few days, the first few weeks, the first few months, the first year and beyond, and includes stories of survivors.
But I Didn't Say Goodbye	Rubel	This is an extraordinary and innovative resource that takes a difficult topic and creates a manageable path for parents and professionals to follow in providing validation and real help to young suicide survivors. Highly recommended.
Coping with Traumatic Death: Homicide	Baugher	This book is designed to help you understand what you are going through and guide you through the homicide investigation. This complete book begins with the first few days and ends with the first year.
Dancing With The Skeleton	Derrek	Meditations for Suicide Survivors. "The intense agony that comes when someone you love completes suicide runs

		through these pages along with tears, laughter, self-worth and recovery."
Do They Have Bad Days In Heaven?	Linn-Gust	From her own experiences the author writes about the myriad of emotions, the forgotten mourners, how the family copes.
Just Us	Henry-Jenkins	Overcoming and Understanding Homicidal Loss and Grief "Just us, two small words which define the plight and capture the essence of what it feels like to be survivors or murder victims."
Living When a Young Friend Commits Suicide	Grollman	This easy to read book is packed with important, reassuring information. Youth will learn how to tell if someone is suicidal, what to do and who and how to tell. Straightforward and immensely helpful.
Suicide, The Forever Decision	Quinnett	For Those Thinking about Suicide and for Those who Know, Love, Or Counsel Them. From his many years' experience as a psychologist, the author explores the reasons for suicide and gives arguments for choosing life.
Suicide: Intervention & Therapy	Quinnett	Undoing the Forever Decision. A book that explains suicide, intervention and paths to seek recovery after attempted suicide.
The Empty Chair	Glover	This book describes and offers guidance for each emotion and issue that persons encounter following a suicide. The author writes with compassion and hope and from the experiences of the suicide of a brother and a daughter.
Trying to Remember Forced to Forget	Kletter	January 1948, at four, I discovered my father's dead body hanging over the toilet. As a result-and my mother trying to convince me it was just a dream-I was institutionalized until I had to be hospitalized. Fifty-two years later, I'm finally able to write about my life as a survivor.