



Library Books & Resources Available through Mourning Hope's Lending Library:

Section: Adult Books

Topic: Loss of Child

Title	Author (Last Name)	Description
After the Darkest Hour, The Sun Will Shine Again	Mehren	Telling her story and the stories of other bereaved parents, the author shows how we do not get over the grief of a child but are changed by it. These moving stories show how healing takes place and how living the memory is part of it.
Cuando Hola Significa Adios	Schwiebert	This book contains excerpts written by parents who have had their joy stolen by the death of a baby. It includes neonatal death, stillbirth, and death before birth, and the inspired poems and real stories these parents have written in their anguish serve as catharsis for those who suddenly find themselves thrust into similar situations.
Empty Arms	Ilse	This is a hope-filled book that reaches out to all who have been touched by infant death or miscarriage. The author has suffered pregnancy losses and is a national consultant on the topic.
For Bereaved Grandparents	Gerner	Written by a bereaved grandparent, this gentle resource addresses the issues grandparents are faced when experiencing this double grief. Includes information about grief, helping your grieving child, what you can do, grandfathers, holidays and deeper relationships.
For Better or Worse	Doerr	A small booklet filled with insights to help survive the loss of a child. It looks at differences in men's and women's grief, and discusses how to communicate, rebuild a relationship, and become closer after this tragedy.
Help Your Marriage Survive the Death of a Child	Rosenblatt	Parents whose child has died face challenges related to differences in styles of grief, finances, beliefs and more. Rosenblatt addresses

		these differences and shares how parents can rebuild, even strengthen, their lives together.
How To Survive the Loss of a Child	Sanders	Dr. Sanders, a bereaved parent herself, offers grieving parents practical help and emotional support. This book also helps family members, friends, and caregivers relate to grieving parents and aids them, too, in understanding the process of healing through grief.
Never Too Old for a Lullaby	White	From extensive interviews and research. White has compiled ideas for validating the loss of an adult child. She discusses dealing with guilt and regret, relationships with family members, remembering, and honoring your child by taking care of yourself.
Remember Lee	Leith-Musser	A mother's journey through the loss of her son Lee in an automobile accident. The book is written in journal form and is a powerful tool to help other parents who are grieving.
Searching for My Estrella Maili	Lujan	A moving book written by a bereaved mother after the questionable death of her 14 year old daughter.
Sudden Infant Death Enduring the Loss	DeFrain	Discussing the after-effects of sudden infant death - the isolation, powerlessness, self-recrimination, sense of abandonment, the physical and emotional stress - this book considers approaches to coping and support, and is based on interviews with family members.
The Bereaved Parent	Schiff	Many parents feel that no one can help because no one can understand the complex ramifications of their tragedy. Harriet wrote this book to help other bereaved parents. Offers guidance and step-by-step suggestions on how to cope with the stages of grief, from the funeral to rebuilding your marriage.
The Ethan Chronicles	Willis	In Marsha A. Willis' heart-wrenching new book, <i>The Ethan Chronicles: Requiem for a Life Stolen</i> , readers join the inner circle of Ethan's family as it struggles to come to grips with an overpowering loss and make sense of the tragedy that ended a promising young man's life.
The Worst Loss	Rosof	A wise, well informed book that will help many on the difficult journey of healing after the death of a child. The book is written in a down-to-earth style. The stories of families are sensitively and carefully told so that the reader gathers hope and knowledge from those who have gone before.

Unspeakable Losses	Kluger-Bell	This is a wise, gentle book of healing for couples who have experienced a miscarriage, abortion, infertility and other pregnancy losses. In-depth interviews and stories combine with practical advice to help affirm these often unacknowledged losses.
When A Grandchild Dies	Glainsky	This complete paperback is a guide for newly bereaved grandparents working through their own grief while comforting their children. Includes stories and quotes from those who have experienced such a loss.
When Hello Means Goodbye	Schwiebert	For parents whose child has died before birth, at birth, or shortly after birth, this caring guide helps with painful feelings, physical symptoms, naming your baby, autopsies, and funeral homes. Includes comforting poems. Highly recommended.
When the Bough Breaks	Bernstein	A poignant and sensitive book that offers bereaved parent the comfort of knowing how others have navigated this rutted road. With great honesty and empathy, it acknowledges that no family ever recovers from this tragedy, but rather adapts to a life irretrievably altered.
When Your Baby Dies	Gamino	The loss of a baby is one of the most acute losses a person can experience. In this helpful book, Louis A. Gamino and Ann Taylor Cooney address both miscarriage and stillbirth and the grief implications of each. They offer comfort to mothers, fathers, and families who must find ways to recognize their bond with the child who died and then move forward with their lives.