




Art *From Our* Heart

Saturday, June 13, 2015


Saturday, July 18, 2015

9:00 a.m. - 1:00 p.m.

Mourning Hope Grief Center
4919 Baldwin Avenue
Lincoln, NE 68504




To support youth who have experienced the serious illness or death of someone significant in their lives, Mourning Hope partners with skilled artists to provide children and teens a healthy, creative outlet for expressing their intense emotions. This summer, Mourning Hope is offering two separate sessions of “Art From Our Heart.” Both sessions will have a different art focus. This opportunity is for youth ages 5-17 and are invited to attend just one or both sessions.



Caregivers also have the option to attend “Caregiver Connection,” while their child attends Art From Our Heart. This session, for adult caregivers, is full of encouraging ideas and discussion to help caregivers learn how to support their grieving children and also find support for themselves.

All art supplies and lunch are provided to participants free of charge, but registration is required. Please register soon, as these events fill up fast!



To register, please call Caitlin Mason, Mourning Hope’s program director, at 402.488.8989 or email cmason@mourninghope.org. You may also register online at www.mourninghope.org.



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