

The Spirit of Giving

Thanksgiving, Christmas, Ramadan, Kwanza and New Year's Day are annual holidays that can prove difficult for people who have experienced the death of someone significant. Holidays are clearly some of the roughest terrain we navigate after a death loss.

When a parent or caregiver has died, how does a child find the means to purchase and wrap a gift for their primary caregiver? Many of the youth at Mourning Hope want to put a smile on their loved one's face, and this event gives children the opportunity to choose gifts for their primary caregiver which brings great joy.

For the second year in a row, Southwood Lutheran Church is teaming up with Mourning Hope this holiday season to support children in this gift-giving endeavor. Shopping for their caregiver is a rewarding and emotionally satisfying part of the holiday season, and children who have experienced the death of a caregiver and have attended any Mourning Hope grief support programs are invited to participate in a special event designed just for them.



Thursday, December 14, 2017

5:30 p.m. – 7:30 p.m.

Southwood Lutheran Church
4301 Wilderness Hills Blvd.
Lincoln, Nebr.



Starting at 5:30 p.m., a free dinner will be served to the whole family and then kids will have time to select a gift for their caregiver, participate in a craft project, and wrap that special present for their loved one.

While the kids are shopping, some tips and helpful information about how to care for oneself while navigating the stresses of the holiday season will be offered to all caregivers, along with free chair massages for the caregivers.

- There is no cost to this event thanks to the generosity of Southwood Lutheran Church. But in order to ensure an adequate number of gifts, craft projects and food, families must register by December 1, 2017.
- After dinner, daycare will be available for any children under the age of 5.
- Please note that space is limited so we encourage you to register early. Registration can be completed online at <https://spiritofgiving2017.eventbrite.com> or please email hope@mourninghope.org.
- Contact 402.488.8989 with any questions about "The Spirit of Giving."