### ABOUT THE PRESENTER

Rachel Kodanaz is an author, speaker and consultant offering encouragement to those who are suffering a loss or setback. She overcame her own adversity following the sudden death of her husband, leaving her with a 2-year-old daughter. Her experience in the management of large corporations led her to develop and publish resources



supporting grief and loss in the workplace.

Kodanaz holds a B.S. in Business Administration from Bryant University. She speaks nationally to organizations, is a columnist for Living with Loss Magazine and has published numerous articles and handbooks on grief; and her book, Living with Loss One Day at a Time, has received international acclaim. Her compassion and commitment is evident in the support she provides to national grief and loss programs, including Soaring Spirits International, National Alliance of Grieving Children, Tragedy Assistance Program for Survivors, employee assistant programs, and human resource endeavors. Kodanaz has appeared on Good Morning America.

Thanks to the generosity of the Cooper Foundation, all attendees will receive a free copy of Ms. Kodanaz's workbook. "Grief in the Workplace Management Handbook."

### **DRESS**

Dress in layers because of temperature fluctuations in the conference room.

### CANCELLATION/REFUNDS

You must call the Continuing Education Office at 402-437-2700 or 800-828-0072 the day before the workshop begins in order to receive 100% refund. If you call the day the workshop begins or after, you will receive no refund. If you are unable to attend and wish someone else to come in your place, you must notify the College in advance.

### **Course Information Questions**

Southeast Community College Continuing Education 402-437-2700 • 800-828-0072 continuinged@southeast.edu

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# CONTINUING EDUCATION

Grief in the

& Compromises

Featuring Rachel Kodanaz



Wednesday **February 25, 2015** 

8:30 a.m.-3:45 p.m.

Presented by Southeast Community College and Mourning Hope Grief Center



www.southeast.edu/Continuing

### Southeast community college

2015 QUARTER

SUMMER

## REGISTRATION FORM - NON-CREDIT COURSE

Complete this form with payment information and send via FAX or mail to: SCC Jack J. Huck Continuing Education Center 301 S. 68th Street Place, Lincoln, NE 68510 FAX: 402-437-2703

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### Grief in the Workplace

### Challenges, Obstacles & Compromises

### Featuring Rachel Kodanaz



Mourning Hope Grief Center and Southeast Community College welcome you to join us as we explore grief in the workplace.

Every day in the United States alone, more than thirty million people are grieving the death of someone that they love. Many people who work



together become like an extended family. Therefore, when a colleague dies or one is grieving a death loss, the impact on his/her co-workers can be tremendous as well. Employees naturally bring grief into the workplace, compromising productivity and influencing workplace dynamics in a variety of manners. The proper support at work is essential for an individual to successfully navigate through the grieving process. This in turn helps their entire family cope with the stressors that come with grief. This powerful educational program will influence the way caregivers and employers both proactively and reactively address the bereavement process in their organizations. The day will address current challenges of mobile societies, company policies, social media, community crisis events, and compassionate fatigue while providing tools and ideas for supporting the workplace.

### **OBJECTIVES OF THE COURSE**

At the conclusion of this presentation, participants should be able to:

- Recognize the need to support grief in the workplace and the reality of the situation
- Recognize the emotional behaviors of an employee or workgroup experiencing a personal loss and the effect on the workplace
- Analyze current policies and procedures identifying areas of improvement
- Explore the challenges, obstacles and compromises of grief in the workplace, understanding the timeline and need for support
- Create a compassionate workplace by identifying resolution, defining roles and implementing solutions
- Identify and report today's challenges in the workplace by offering creative and implementable procedures and protocol supporting current pop-cultures
- Show how addressing the challenges and understanding the obstacles will lead to compromise professionally and personally

### AGENDA

8 a.mCheck-in begins
8:30 a.mWorkshop begins
10 a.mBreak
10:15 a.mWorkshop continues
11:45 a.mLunch (provided)
12:45 p.mWorkshop resumes
2:15 p.mBreak
2:30 p.mWorkshop continues
3:45 n m Conclusion and Evaluation

### Who Should Attend

Anyone who has or is working with a grieving coworker, including counselors, clergy, nurses, social workers, and human resources staff in any setting.

### WORKSHOP CREDIT

6.0 contact hours awarded by Southeast Community College. This workshop meets the criteria for continuing education for licensed mental health practitioners, funeral directors and nurses. Other professionals should check with their licensing agencies to verify that this workshop will qualify as continuing education in their field. Participants must attend entire seminar to receive CEU credits.

Southeast Community College Continuing Education Division is an approved provider of continuing nursing education by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**DATE:** Wednesday, February 25, 2015 **LOCATION:** 

Southeast Community College Continuing Education Center 301 S. 68th St. Place Lincoln, NE 68510 • Room 302

TIME: 8:30 a.m.-3:45 p.m.

**COST:** Early Bird: \$99 (on or before Feb. 18) \$109 (after Feb. 18) (Lunch is provided)

Register early. Space is limited.



### REGISTERING ONLINE FOR SCC CONTINUING EDUCATION CLASSES

You must have an email account to register online.

- 1. Go to www.southeast.edu/Continuing.
- 2. Click the **Register NOW!** button.
- 3. Select the **Continuing Education** gold bar.
- 4. Click the Register and Pay for Continuing Education Classes link.
- Search for your class by entering either a key word in the title or the course number.
   Click Submit. (Enter information in only one field for broader results.)

Key Word Example: Driver

Course Number Example: TRAN-3398

- 6. Select the course for which you wish to register. Click Submit.
- 7. Enter your *personal information*, *certify your identification* and click *Submit*.

  \* You must provide your Social Security Number.
- 8. Optional: Enter your **Additional Registration Information** and click **Submit** or bypass the additional information and click **Submit**.
- If you want to register for additional classes, select **Search for more classes** under "Choose one
  of the following." If you are finished selecting the class(es) for which you want to register, select
  Register now (check out). Select your Payment Type. Click Submit.
- 10. Enter your *payment information*. Click *Submit*.

You will see your *class acknowledgement* with information about your *SCC Student ID Number*, *SCC User ID* and *password*. You also will receive an email with this same information for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

