

Library Books & Resources Available through Mourning Hope's Lending Library:

Section: Youth Books

Topic: Coping With Illness

Title	Author (Last Name)	Description
Barklay and Eve	Carney	Barklay and Eve are dogs that talk. With drawings and easy to understand words they tell what cancer is, how it goes and is treated. Here, Children know what to expect when adults they care about face cancer.
Becky and the Worry Cup	Harpham	Becky and the Worry Cup was written after a conversation with Harpham's daughter, in which she discussed what things helped her when her mom was sick and what things were hard. The book talks about chronically tired parents, parents that have to go away for awhile for treatment, low blood counts, etc., and suggests ways children can overcome some of the helpless feelings they experience when a parent is sick.
Beyond the Rainbow	Heegaard	A workbook for children in the advanced stages of a very serious illness. This book offers an honest, gentle way to help children face the advanced stages of their serious illness.
Gentle Willow	Mills	A story for children who are facing death: their own, or that of a loved one. Amanda the Squirrel calls upon the Tree Wizards of the Forest to help Gentle Willow, who is suffering from a mysterious ailment, but the Tree Wizards are unable to help. Amanda struggles with loss, confusion, anger, and finally, hope, as she helps Gentle Willow understand and accept her death.
I'll Hold Your Hand So You Won't Fall	Ali	Educates children, family members and friends of PD patients about its effects, through illustrations depicting symptoms seen on a daily basis, along with easy-to-read explanations. Offers encouragement, and advice to caregivers, family members and

		friends of those living with Parkinson's Disease. Makes suggestions about how to open dialogue with children.
Little Tree	Mills	A story for children with serious medical problems. A story of hope and inspiration for children with serious illness or injury. For parents, the book contains valuable guidance on its use as well as relaxation exercises they may teach their children.
Mama's Going to Heaven Soon	Copeland	A compassionate story to assist young children ages 8-11 and their caregivers as they deal with an impending death of a parent. Straightforward language offer readers a hopeful message. The book does not specify what is wrong with the mother. A back matter section offers caregivers additional tips.
Mommy's in the Hospital Again	Parkinson	Beginning with its title and woven throughout the story, this book provides an honest, caring depiction of how life can go on successfully for a child and family despite the painful experiences of chronic illness and recurrent hospitalizations. This book is a valuable tool to assist parents, teachers, and children during a difficult time.
Morning Light	Merrifield	An Educational Storybook for Children and Their Caregivers About HIV/AIDS and Saying Goodbye. The twins Max and Maggie live with their single mother, who has AIDS. As they grow, their mother becomes sicker and sicker. Ultimately she dies and the twins are taken by their aunt and uncle. Heather Collins's illustrations help to portray the twins' emotions and show their mother's gradual decline.
My Mommy Has Cancer	Parkinson	A book for young children about a boy whose mother has cancer and has to go into hospital for treatment. There is an explanation of cancer cells, chemotherapy, and a visit to a hospital. There is also a follow-up to this book entitled "Mommy's In The Hospital Again"
Once Upon a Hopeful Night	Yaffe	A unique story that helps parents with cancer talk to their young children about their disease and treatment. It touches on many of the issues facing young children who have a parent with cancer, such as anger, sadness, fear and hope, and encourages parents and children to talk about these issues. It helps prepare children for what to expect, and offers reassurance they will be loved and cared for despite the parent's illness.

Oncology, Stupology...I Want to Go Home	Hershey	A delightful picture book written and illustrated for children with cancer. The character, after learning he has cancer, would rather go home. But in the meantime he discovers the playroom and makes new friends.
Our Family Has Cancer, Too!	Clifford	Providing comfort through the knowledge that "you are not alone," <i>Our Family Has Cancer, Too!</i> is an ideal gift for children ages 7-12 whose families have been touched by cancer. A special "Questions to Ask" section invites kids to write down their questions for parents, doctors, teachers, and others. Additional worksheets inspire family members to draw and record their feelings for later discussion. The book also contains a glossary of the most common words kids might hear when someone in their family has cancer.
Promises	Winthrop	A story of a girl dealing with her mother's chemotherapy treatments. Related in the first person, the tale convincingly covers young Sarah's gamut of emotions, from simply missing her mother during her hospital stays to reminiscing about times when things were normal ("I remember when I didn't have to tiptoe around the house and I could make as much noise as I wanted") to anger at a schoolmate's comments about her mother's lack of hair.
Sammy's Mommy Has Cancer	Kohlenberg	This is warm, sensitive, straightforward story that will help young children understand and accept the changes in their lives when a parent is diagnosed with a life threatening illness.
So Much to Live For	McDaniels	Dawn Rochelle is fifteen, and the leukemia she's been fighting for the past two years is in remission again, after a successful bone marrow transplant from her brother. This summer Dawn has agreed to work as a camp counselor for younger kids with cancer. It's the same camp that she attended with her best friend, Sandy, just before Sandy died. Dawn knows that the kids need her, but being at the camp brings back painful memories. Since Dawn has so much to live for now, wouldn't it be better to just forget about everything connected with cancer?
The Gift of Good-bye	McNaught	An interactive book for parents and children to deal with the painful experience of losing a loved one to AIDS. Filled with developmentally appropriate exercises that help children express feelings, cherish their memories of the special person, and emerge from the grieving process with understanding and

		compassion.
The Problem With Hair	Foss	All the kids in the neighborhood, unhappy with their hair color and styles, envy Louella, who has lost her hair from undergoing medical treatment. A book written for children about dealing with cancer.
When Mommy Is Sick	Sherkin-Langer	In this bibliotherapeutic story, a distressed little girl expresses her feelings when her mother goes to the hospital. Her understanding father helps her to cross off the days until she can visit and takes her to the hospital. When her mother comes home, normal life happily resumes. The nature of the woman's illness is not specified, but she is hospitalized periodically, which would make the book appropriate for children whose parents require chemotherapy, for example, as well as being generally useful for any parental hospital stay.
When Someone Has a Very Serious Illness	Heegaard	This workbook will help children deal with their own serious illness or the illness of someone they care about. Drawings help children understand illness and express feelings.
When Someone Is Very Sick	Boulden	Elfo leads us through this playful yet realistic story of feelings children may experience when confronted with a serious illness in a family member. Elfo tells us about issues related to sickness: how the sick person may look, talk, and act differently and how he or she may now need medicines, tubes and machines. Children often have unexpressed worries, and Elfo encourages the readers to express their feelings and write and talk about their experiences. Included with this book are memory pages and graphics to make get-well cards. (Grades 3-4)
When Someone You Love Has Cancer	Lewis	Elfo leads us through this playful yet realistic story of feelings children may experience when confronted with the news that a loved one has cancer. Great for young children to understand and even better for parents and loved ones try to find the right words and strength to confront what needed to be done. Excellent with step by step realistic outcomes.
Why Am I Going to the Hospital?	Ciliotta	Nobody likes going to the hospital, not even a grown-up. But for children, going to the hospital can be an especially frightening experience. This helpful guide discusses the reasons for a hospital visit, the special jobs of the people who work there and much

		more. Full-color illustrations.
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