# **ABOUT THE PRESENTER**

John (Jack) Jordan is a licensed psychologist in private practice in Pawtucket, RI, where he has specialized in work with survivors of suicide and other traumatic losses for more than 45 years. He is the Clinical Consultant for the Grief Support Services of the Samaritans in Boston, MA, and the Professional Advisor to the Loss and Healing Council of the American Foundation for Suicide Prevention (AFSP). He is Co-Chair of the Survivors of Suicide Loss Task Force of the National Action Alliance



for Suicide Prevention. This task force recently released (2015) postvention guidelines for the United States, titled *Responding to Grief, Trauma, and Distress After Suicide: U.S. National Guidelines.* 

For more than 45 years, Jack also has provided training nationally and internationally for professional caregivers, and has helped to lead many healing workshops for suicide loss survivors. He has published more than 50 clinical and research articles, chapters and full books in the areas of the practice of grief therapy, bereavement after suicide, support group models, the integration of research and practice in thanatology, and loss in family and larger social systems. He is the co-author of four books: "After Suicide Loss: Coping with Your Grief – 2nd Edition" (2015 – self-published); "Grief After Suicide: Understanding the Consequences and Caring for the Survivors" (Routledge, 2011); "Devastating Losses: How Parents Cope With the Death of a Child to Suicide or Drugs" (Springer, 2012); and "Attachment Informed Grief Therapy: The Clinician's Guide to Foundations and Applications" (Routledge, 2016).

#### **WORKSHOP CREDIT**

6.25 contact hours awarded by Southeast Community College. This workshop meets the criteria for continuing education for licensed mental health practitioners, social workers, clinical workers, alcohol and drug counselors, and nurses. All professionals should check with their licensing agencies to verify that this workshop will qualify as continuing education in their field. Participants must attend entire program to receive certificate.

#### **D**RESS

Dress in layers because of temperature fluctuations in the room.

#### LUNCH

Attendees requiring special accommodations or having dietary restrictions must notify jkeitges@southeast.edu by March 10.

#### CANCELLATION/REFUNDS

You <u>must</u> call the Continuing Education Office at 402-437-2700 or 800-828-0072 the <u>day before</u> the program begins in order to receive 100% refund. If you call the day the program begins or after, you will receive <u>no</u> refund.

# **QUESTIONS**

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# Suicide Bereavement Clinician Training Program

with John R. Jordan, Ph.D.



# Tuesday, March 24, 2020

**9 a.m.-4:30 p.m.** (Check-in begins at 8:30 a.m.)

Presented by Southeast Community College and Mourning Hope Grief Center



Register today at http://bit.ly/RegisterCE
Online Registration Keyword: Suicide

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Suicide Bereavement Clinician
Training Program with John R. Jordan, Ph.D.



# Co-sponsored with the Mourning Hope Grief Center

The suicide of a loved one can have a profound and sometimes devastating impact on those left behind, called suicide loss survivors. Bereavement after suicide may entail high levels of disorientation, guilt, regret, anger, shame, and trauma, Survivors sometimes also find their relationships with other people changed, as they struggle with the social stigma often placed on suicide, and the altered family relationships that have been changed by the feelings of guilt, blame and failure that suicide may engender. Survivors also may be at risk for elevated rates of complicated grief and future suicidality themselves. All of this makes surviving the suicide of a loved one a potentially life-transforming ordeal that requires a level of support that goes beyond traditional grief counseling. Yet very few mental health training programs devote any time to training clinicians about the challenging work of suicide postvention—helping survivors cope with the tragic loss.

This workshop is designed specifically for mental health professionals who provide grief therapy for suicide loss survivors, but also is open to clergy, pastoral counselors, school personnel, and interested others.

It will provide a focused overview of the impact of suicide on survivors, and the clinical and support responses that are needed after a suicide occurs. The workshop will include didactic presentation, group discussion, case examples from the presenter's practice, and video clips from grief therapy sessions.

Southeast Community College Continuing Education is approved as a provider of nursing continuing professional development by Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Date: Tuesday, March 24, 2020

Location: Jack J. Huck Continuing Education Center, 301 S. 68th St. Place, Lincoln, NE • Room 302 (Lunch will be provided)

Time: 9 a.m.-4:30 p.m. Check-in begins at 8:30 a.m. (6.25 contact hours)

Cost: Early Bird (by March 17): \$109 After March 17: \$119

### **A**GENDA

8:30 a.m. ..... Check-in begins

9 a.m. .....Introduction, Suicide Survivors: Who are They?

- · Who is a survivor?
- Are survivors at risk?

10:30 a.m. ..... Break

# 10:45 a.m. ...... Understanding the Impact of Suicide Loss

- Foundational concepts in thanatology (the study of death and bereavement)
- Common themes in suicide bereavement
- Post-traumatic growth after suicide

12:15 p.m. ..... Lunch (provided)

# 1 p.m. ...... What Can We Do to Help Survivors?

- Research on survivor needs
- The psychological tasks of loss integration and goals of postvention
- Postvention options for intervention

2:30 p.m. ..... Break

# 2:45 p.m. ......Grief Therapy with Survivors

- A general framework for understanding the roles played by the grief therapist
- Specific techniques that may be of help in the work with survivors
- Summary: Guidelines for clinical work with survivors

4:15 p.m. ..... Wrap-up

Presented in collaboration with the Lincoln/Lancaster County LOSS Team, the Lincoln/Lancaster County Suicide Prevention Coalition and AFSP Nebraska.

# Register Online for SCC Continuing Education Classes

You must have an email account to register online.

- 1. Go to http://bit.ly/RegisterCE.
- Search for your class by entering either a key word in the title or the course number. Click Submit. (Enter information in only one field for broader results.)

Key Word Example: Driver

Course Number Example: TRAN-3398

- 3. Select the course for which you wish to register. Click Submit.
- Enter your personal information, certify your identification and click Submit.
   You must provide your Social Security Number.
- 5. Optional: Enter your Additional Registration Information and click Submit.
- 6. If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
- 7. Enter your payment information. Click Submit.

You will see your **class acknowledgement** with information about your **SCC Student ID Number**, **SCC User ID** and **password**. You also will receive an email with this same information for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

