

# Saturday, **November 23**

Each year, AFSP supports hundreds of large and small Survivor Day events around the world, in which suicide loss survivors come together to find connection, understanding and hope through their shared experience. While each event is unique and offers various programming, all feature an AFSPproduced documentary that offers a message of growth, resilience and connection.

## Questions?

Mourning Hope Grief Center Alyssa Christensen, Grief Support Director achristensen@mourninghope.org 402.488.8989

### **Local Event Information**

Location

Bryan Health - West Campus 2300 South 16th Street Lincoln, NE 68502

[Enter the Medical Plaza and use the stairs or elevator to go to the Education Department on the Lower Level.]

#### Program

11 a.m. to 12:30 p.m. Welcome, Lunch, Film Viewing and Discussion 12:30 p.m. to 1:15 p.m. **Breakout Discussion Groups** 1:15 p.m. to 1:30 p.m. Closing

#### Registration

Free to attend. Lunch and activities provided. afsp.org/survivor\_day/lincoln-nebraska-3/









**American Foundation** for Suicide **Prevention**